

# Pony Express

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Issue 3



## BAZAAR ITEMS

Handmade

Jewelry

Clipboard frames

Purses

Pottery

Knit items

Resident Originals

Cards

Baked goods

Herbs & teas

Food baskets

Olive oil

And

Tastefully Simple

Imagination Books

Discovery Toys

Tilly's Toffees

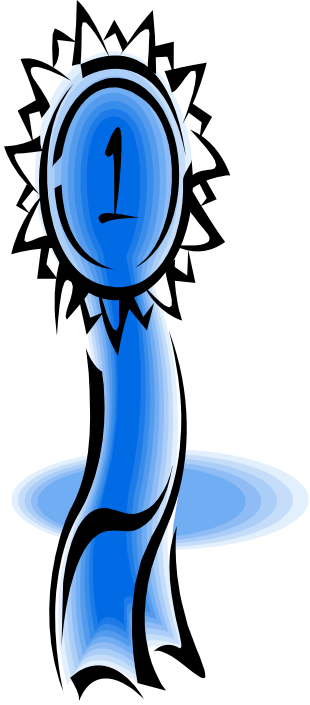


- ◆ Send us your e-mail address if you would prefer to have this e-mailed to you. Email your request to tammy@care-age.com
- ◆ If you know of someone who would like to receive this mailing, please let Karen know at the front desk.
  - ◆ Please see sign-up sheets on the bulletin board outside of
- ◆ Activities if you want your loved one to participate in outings or Dine-ins.
- ◆ Don't forget to join us for the Fall Bazaar
- ◆ Resident Christmas Party will be December 23rd. We will have two settings this year to help reduce traffic and allow everyone enough time. Watch for invitation in mail.

# FALL BAZAAR

Care-Age is pleased to present it's second annual craft fair, renamed Fall Bazaar. If you attended last year, you will understand why we moved it up from Dec. to Oct. We had a blizzard! Despite the weather, we all had a great time and were able to show some really original art and crafts. This year is even more exciting as we have added new artists, food, resident originals and more. This is one of two big fundraisers that we do for resident activities during the year, so why not invite a friend or two and join us for some early Christmas shopping and stay for lunch or gourmet coffee. Attached, please find a flyer regarding the bazaar and share it or post it somewhere if you can. Help us get the word out!

## Residents Win State Competition



Several residents of Care-Age were entered in the Cultural Arts contest at the annual WRAP (Wisconsin Representatives of Activity Professionals) conference last month. There were many wonderful pieces submitted from facilities all over the state. I was honored to show what our residents have been creating this past year. Residents who received recognition included the following.

**Jean Gabelbauer** received 2 second place ribbons and 1 third place.

**Evelyn Graser** took 1 third place and 1 blue ribbon for one of her flower-pot dolls.

**Lorraine Wallner** received a third place ribbon as well as a first place for her stained glass window decoration.

**Frances Trzcinski** took first place for her beautiful vase.

**Jean Topetzes** won a second place ribbon for her decopage box.

We had an award ceremony for all the participants during lunch time. All the award winning items are on display on the grand piano in our lobby until the end of the month.

Special thanks to Kelly Snyder for giving our budding artists the tools, ideas and encouragement to help them succeed!

## Skype your loved one

Now you're able to speak face-to-face with your loved one no matter where in the world you happen to be! Care-Age of Brookfield has just installed the program "Skype" on their new Activities computer. This FREE program allows your PC to dial up Care-Age's PC, enabling face-to-face conversations in real time. You simply need a PC with a built-in or add-on video camera with a microphone. Most new laptops/notebooks already come equipped with these. Assuming you have Internet access, you need only to download the free Skype program, from <http://www.skype.com/download/skype/windows/>, install the program, and follow the on-screen instructions. They're very simple! Then, click on the olive green Skype icon in the lower right taskbar, click the "Contacts" tab, and "Add" button. Then enter Care-Age's Skypename: "careage" (without the hyphen). You're all done.

Once added, you'll be able to call us whenever the Skype icon next to our name is green. Just click on the dark green phone symbol. If the Skype icon is gray, it means that we are not available or online. It is best to call the Activities office and set a time and date to place your call to your resident. We will make sure he/she is available at the computer. All PC to PC calls are FREE!

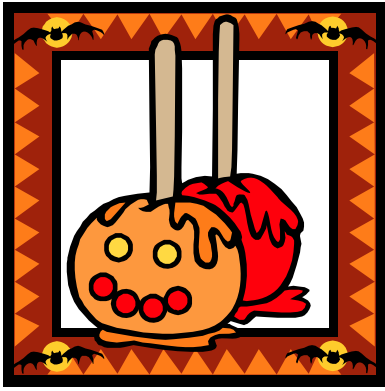
### JUST A REMINDER...

As the Holidays Approach

Just a reminder from environmental services that we are a state and federally regulated facility. As such, we are not allowed to have any extension cords or multiple outlet strips in resident rooms.

### New Clothes

Please remember to drop new items of clothing or linens at the nurses station or front desk so they can be labeled before they get to the laundry.



# Halloween Party

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Care-Age residents are looking forward to handing out treats for tricks on Oct. 31st from 2:00 to 4:00 but we need your help. We need donations of candy (prewrapped only please). We need volunteers to help run games for the little spooks and fairies and also to help the residents get out and enjoy the festivities. Last but not least, we need your little ones to make it oh-so-much-fun for the elders.

Costumes are appreciated but not mandatory. We will provide treats, apple cider, fun and games for all. If you are able to help or would like to bring the kids or grandkids, please call Activities at 262-821-3939.

## OCTOBER IS PHYSICAL THERAPY MONTH

We are fortunate, here at Care-Age, to have our own therapy staff. That is to say all our therapists are in house employees who really get a chance to know our rehab and long term care residents. We currently have three full time PT's on our staff. Susan Wheeldon is our Rehab Director. She says that she has been, "married forever," has four grown children and six grandchildren. I can tell you from working with Susan that her family is central in her life. She graduated in 1995, as an adult student with a Master's Degree in Physical Therapy from the University of North Dakota. Susan is a former resident of Rapid City South Dakota. Susan says that she loves working at Care-Age because of the patients she is able to work with here as well as the staff. "We have a great team," states Susan. In her spare time, Susan loves reading and gardening.

Johanna Brown is 25 years old and she started working for the company when she was just 16! She first worked at Hales Corners Care Center, our sister facility, in the dietary department. Johanna graduated and started working as a PTA in May of 2004. Johanna has a boyfriend named Corey and a dog named Farful. He is a hurricane Katrina survivor. Farful that is, not Corey. She enjoys shopping at thrift stores and rummage sales. Johanna says, "I like working at Care-Age because I enjoy working with the elderly and hearing their stories." Johanna also has a great sense of humor which helps her connect with her patients.

Coral White is also 25 years old and graduated from Carroll College in 2008 with as Clinical Doctor of Physical Therapy. She spent six years in school and graduated from Carroll College in May. Coral started work-

ing here in August. Coral says she loves working here with all the residents and rehab staff. When asked about her hobbies, Coral states that she is enjoying not being in school right now. She does manage to do volunteer work and practice Zumba, a form of Latin aerobic dancing. Coral is a lively addition to our rehab team!

### Late edition update

### Corey and Johanna are engaged!

