





	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	BREAKFAST						
	SAUSAGE CINNAMON ROLL CEREAL OF CHOICE	HARD BOILED EGG COFFEE CAKE CEREAL OF CHOICE	SCRAMBLED EGG JELLY DONUT CEREAL OF CHOICE	HARD BOILED EGG KRINGLE CEREAL OF CHOICE	PANCAKE BACON CEREAL OF CHOICE	OMELET BISCUIT CEREAL OF CHOICE	SCRAMBLED EGG DANISH CEREAL OF CHOICE
	LUNCH						
	GARLIC ROASTED VEGGIES W/ CHICKEN DINNER ROLL JELLO PARFAIT	CHEESEBURGER W/ONION LETTUCE & TOMATO POTATO WEDGES ICE CREAM	CHICKEN DUMPLING SOUP 7 GRAIN ROLL TROPICAL FRUIT	BAKED POTATO SOUP GARLIC BREADSTICKS MANDARIN ORANGES	PEA SOUP CHEDDAR BISCUIT CHEESE CUBES ICE CREAM	HEARTY TOMATO SOUP GRILLED CHEESE PEACHES	CHICKEN PATTY W/TOMATO & LETTUCE SANDWICH MACARONI SALAD ICE CREAM
 Healthy Lower salt and fat	GARLIC ROASTED VEGGIES W/ CHICKEN MEAL	CHEESEBURGER MEAL	CHICKEN DUMPLING SOUP 7 GRAIN ROLL TROPICAL FRUIT CUP	CHICKEN NOODLE SOUP PLAIN BREADSTICKS MANDARIN ORANGES	PEA SOUP MEAL	HEARTY TOMATO SOUP GRILLED CHEESE PEACHES	CHICKEN PATTY MEAL
CCHO (diabetic)	GARLIC ROASTED VEGGIES W/ CHICKEN MEAL	CHEESEBURGER MEAL S.F. ICE CREAM	CHICKEN DUMPLING SOUP 7 GRAIN ROLL TROPICAL FRUIT CUP	BAKED POTATO SOUP GARLIC BREADSTICKS S.F. COOKIE	PEA SOUP MEAL	HEARTY TOMATO SOUP GRILLED CHEESE PEACHES	CHICKEN PATTY W/ TOMATO & LETTUCE SANDWICH MEAL S. F. ICE CREAM
 2GRAM Salt restricted	GARLIC ROASTED VEGGIES W/ CHICKEN MEAL	HAMBURGER MEAL, NO CHEESE ICE CREAM	TURKEY CHEF SALAD 7 GRAIN ROLL TROPICAL FRUIT CUP	CHICKEN NOODLE SOUP PLAIN BREADSTICKS MANDARIN ORANGES	S.F. CHICKEN NOODLE SOUP ROLL	S.F. TOMATO SOUP TUNA SANDWICH W/ LETTUCE & TOMATO PEACHES	CHICKEN PATTY MEAL ICE CREAM
ALT	HAM SANDWICH FRUIT	FRUIT PLATE	CHEF SALAD	CHICKEN NOODLE SOUP	FRUIT PLATE	TUNA SANDWICH	HAMBURGER
	DINNER						
	PORK ROAST MASHED POTATOES WISCONSIN BLEND MANDARIN ORANGES	BBQ CHICKEN ROASTED POTATOES CORN W/ PEPPERS APPLE PIE	MEATLOAF MASHED POTATOES W/GRAVY BUTTERED CARROTS BANANA PUDDING	CHICKEN PARMESAN SEASONED PASTA SCANDINAVIAN BLEND COCONUT MACAROON	BEEF ROAST MASHED POTATOES CARIBBEAN VEGGIES COOKIE	TILAPIA FRESH BABY REDS GREEN BEANS LEMON PIE	PORK CHOPS WHOLE POTATOES SAUERKRAUT DINNER ROLL COOKIE
 Healthy Lower salt and fat	PORK ROAST MEAL	BBQ CHICKEN MEAL	MEATLOAF MEAL	BAKED CHICKEN PASTA SCANDINAVIAN BLEND YOGURT SMOOTHIE	BEEF ROAST MEAL	TILAPIA MEALS	PORKCHOP MEAL
CCHO (diabetic)	PORK ROAST MEAL S. F ICE CREAM	BBQ CHICKEN MEAL S.F. PIE	MEATLOAF MEAL S.F. PUDDING	BAKED CHICKEN PASTA SCANDINAVIAN BLEND YOGURT SMOOTHIE	BEEF ROAST MEAL	TILAPIA MEAL S.F. PIE	PORKCHOPS WHOLE POTATOES STEAMED VEGETABLE S.F. COOKIE
 2GRAM Salt restricted	PORK ROAST MEAL	BBQ CHCKEN MEAL	MEAT LOAF MEAL	BAKED CHICKEN PASTA SCANDINAVIAN BLEND YOGURT SMOOTHIE	BEEF ROAST MEAL	BAKED COD FRUIT DESSERT	PORKCHOPS WHOLE POTATOES STEAMED VEGETABLE DINNER ROLL
ALT	SLICED BEEF ROAST	SOUP AND SANDWICH	SLICED TURKEY	SLICED PORK	CHICKEN	CUBE STEAK	MEATLOAF
	SNACK						
	YOGURT JUICE	LOW FAT MILK COOKIE	PEANUT BUTTER CRACKERS JUICE	GRAHAM CRACKERS LOW FAT MILK	PUDDING CUP JUICE	COOKIE LOW FAT MILK	TEDDY GRAHAMS LOW FAT MILK

IF YOU WOULD LIKE AN ALTERNATE PLEASE NOTIFY DIETARY
BY 11:00AM FOR LUNCH AND 4:00PM FOR DINNER AT EXTENSION 227

ALWAYS AVAILABLE AS ALTERNATE- FRUIT PLATE WITH A PROTEIN OR CHEF SALAD