





	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	BREAKFAST						
	SAUSAGE PATTY DONUT CEREAL OF CHOICE	PANCAKE BACON CEREAL OF CHOICE	SCRAMBLED EGG BAKE TRI TATOR CEREAL OF CHOICE	SAUSAGE COFFEE CAKE CEREAL OF CHOICE	SCRAMBLED EGG MUFFIN CEREAL OF CHOICE	FRENCH TOAST STICK BACON CEREAL OF CHOICE	HARD BOILED EGG COFFEE CAKE CEREAL OF CHOICE
	LUNCH						
	CHICKEN TENDERS MASHED POTATOES COLESLAW PEACHES	HOT DOG POTATO SALAD CHIPS ICE CREAM	STUFFED PEPPERS MASHED POTATOES BUTTERED CORN ITALIAN ICE	CHICKEN POT PIE SOUP 7 GRAIN ROLL FRUIT COCKTAIL	SLOPPY JOES COLESLAW CHIPS PEANUT BUTTER BAR	EGG SALAD SANDWICH CUCUMBER SLICES CHERRY TOMATOES STRAWBERRIES JELLO PARFAIT	CHICKEN WING DINGS SMILEY FRIES GREEN BEANS COOKIE
 Healthy Lower salt and fat	CHICKEN TENDERS MASHED POTATOES COLESLAW PEACHES	HAMBURGER	STUFFED PEPPER MEAL	CHICKEN NOODLE SOUP 7 GRAIN ROLL FRUIT COCKTAIL	HAMBURGER W/LETTUCE TOMATO	EGG SALAD SANDWICH MEAL	CHICKEN MEAL
CCHO (diabetic)	CHICKEN TENDERS MASHED POTATOES COLESLAW PEACHES	HOT DOG MEAL	STUFFED PEPPER MEAL	CHICKEN POT PIE SOUP 7 GRAIN ROLL FRUIT COCKTAIL	SLOPPY JOE MEAL S.F. COOKIE	EGG SALAD SANDWICH MEAL	CHICKEN MEAL S. F. COOKIE
 2GRAM Salt restricted	CHICKEN BREAST SALAD PEACHES	HAMBURGER MEAL	CHEF SALAD WI TURKEY WHOLE WHEAT ROLL	CHICKEN NOODLE SOUP 7 GRAIN ROLL FRUIT COCKTAIL	HAMBURGER W/LETTUCE TOMATO	EGG SALAD SANDWICH MEAL	COTTAGE CHEESE FRT PLATE COOKIE
ALT	SOUP	FRUIT PLATE	CHEF SALAD, ROLL	MEAT VEGGIE WRAP	HAMBURGER	GRILLED CHEESE	COTTAGE CHEESE FRT PLATE
	DINNER						
	PEPPER STEAK RICE BROCCOLI CHOC. PUDDING	HAM AUGRATIN POTATOES GREEN BEANS TROPICAL FRUIT CUP	BEEF ROAST SEASONED WHOLE POTATOES SICILIAN VEGETABLES PIE	BEEF STROGANOFF PASTA CAPRI VEGETABLES DINNER ROLL CHOC. CAKE	ROASTED TURKEY SWEET POTATOES MIXED VEGETABLES APPLE DUMPLING	POOR MANS LOBSTER ROASTED RED POTATOES CARROTS MANDARIN ORANGES	SLICED ROAST PORK HERBAL RICE FRESH FRUITED SALAD W/RASPBERRY DRESSING BANANA CAKE
 Healthy Lower Salt and fat	PEPPER STEAK MEAL	L.S HAM MEAL	BEEF ROAST MEAL	CHOP SUEY,CAPRI VEG RICE,CAKE	ROAST TURKEY MEAL	POOR MANS LOBSTER MEAL	SLICED PORK MEAL
CCHO (diabetic)	PEPPER STEAK MEAL S.F. PUDDING	BREADED CHICKEN MEAL	BEEF ROAST MEAL W/ S. F. PIE	BEEF STROGANOFF MEAL S.F COOKIE	ROAST TURKEY MEAL SLICED APPLES	POOR MANS LOBSTER MEAL	SLICED PORK MEAL
 2GRAM Salt restricted	PEPPER STEAK MEAL	BAKED CHICKEN BREAST BAKED POTATO SALAD, TROPICAL FRT	BEEF ROAST MEAL W/ FRESH FRUIT	CHOP SUEY,CAPRI VEG RICE,FRESH FRUIT	ROAST TURKEY MEAL SLICED APPLES	POOR MANS LOBSTER MEAL	SLICED PORK MEAL
ALT	CHICKEN	SOUP AND SANDWICH	SLICED TURKEY	CHOP SUEY	SLICED PORK	CUBE STEAK	MEATLOAF
	SNACK						
	YOGURT JUICE	LOW FAT MILK COOKIE	PEANUT BUTTER CRACKERS JUICE	GRAHAM CRACKERS LOW FAT MILK	PUDDING CUP JUICE	COOKIE LOW FAT MILK	TEDDY GRAHAMS LOW FAT MILK

IF YOU WOULD LIKE AN ALTERNATE PLEASE NOTIFY DIETARY
BY 11:00 FOR LUNCH AND 4:00 FOR DINNER AT 227

ALWAYS AVAILABLE AS ALTERNATE- FRUIT PLATE WITH A PROTEIN OR CHEF
SALAD